

ECSN Toolkit

Person Centred Planning & Supported Decision Making

Person centred planning (PCP) provides a way of helping a person plan all aspects of their life, by ensuring that the individual remains central to the creation of any plan which will affect them. Person centred plans need to be revisited regularly as a person's requirements naturally changes over time.

Resource type	Information and link
About Person Centred planning	<ol style="list-style-type: none"> 1. Supported Decision Making: ecsn.nulsen.com.au 2. www.aboutlearningdisabilities.co.uk 3. Person centred vs System centred- www.youtube.com 4. Administration for Community Living - person-centered-planning 5. Person centred approach at a glance - health.nsw.gov.au
Links and resources	<ol style="list-style-type: none"> 1. WAIS - https://waindividualisedservices.org.au 2. A review of best practice in individual needs planning - link to document 3. Life without Barriers - Person Centred Practice Approach 4. Larry's story - www.youtube.com 5. Personalising Support https://thegoodlife.cru.org.au
Practice frameworks and guides	<ol style="list-style-type: none"> 1. La Trobe - supportforddecisionmakingresource 2. Person centred planning, Path, Maps and Circles of support- https://inclusion.com 3. NDIS planning framework on person centred planning - www.disability.wa.gov.au 4. Learning more about person centred planning the (big picture) https://mnpssp.org 5. https://www.facs.nsw.gov.au 6. https://www.hse.ie 7. https://rtc.umn.edu
Working in Culturally sensitive manner	<ol style="list-style-type: none"> 1. First People's Disability Network Australia – Our way short films - fpdn.org.au 2. WAIS - https://waindividualisedservices.org.au/shannons-story/ 3. WAIS - Shannons-Story-Full-Book 4. DDWA - https://ddwa.org.au/resources/walking-along-side-me/ 5. NDS - nds.org.au/resources/person-centred-practice-across-cultures-resources 6. NSW – My Choice Matters - workbook-1; workbook-2; workbook-3
Resources	<ol style="list-style-type: none"> 1. Easy read documents: https://ecsn.nulsen.com.au/easy-read-resources/ 2. A self-guided workbook on person-centred planning - Its My Choice 3. Fact Sheet – National Disability Practitioners - https://www.ndp.org.au 4. Summer Foundation – Getting ready for planning_- summerfoundation.org.au